

# ***THE SECRET TO LIFE:***

## **Right Under Your Nose**

*How understanding the Law of Attraction and  
other Universal Truths can make your life better*

***Meijer Bjorn***

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*Sincerely,*

*Meijer Bjorn*

# **Chapter One**

## ***The Universal Truths***



## ***The Universal Truths***

The Universal Truths are rules that govern our existence. They are the basic tenets of life that guide us. Unfortunately, most of us have little understanding of how they work or how they work together. We go through life distractedly, unconsciously, muddled in its complexity wondering why certain things happen to us, why we struggle daily. We make decisions that cause pain for ourselves and for those around us.

In these pages, we will begin to unravel the mystery surrounding life's complexities. You will learn why things are happening to you, and around you. Your daily experience of life will change from a futile struggle for understanding and direction to a fulfilling journey of growing and learning.

The Universal Truths are:

- The Law of Attraction
- The Moral Code
- The Principle of Karma

The Law of Attraction determines what we get from life. The Moral Code consists of the rules that determine right from wrong. Karma is the end result of what we attract along with how our actions fit within The Moral Code.

## ***The Law of Attraction***

The Law of Attraction has gotten considerable attention in recent years. In essence, it says that whatever we think about the most eventually becomes reality. If we concentrate on negative thoughts, we attract negative people, actions, and consequences to us. On the other hand, if we think positive thoughts, we attract positive things into our lives.

## ***The Moral Code***

Morals, the distinction between right and wrong, are used to guide our behavior in the right direction. But who decides what the “right” direction is? Whose morals do we follow? On the surface, competing ideologies seem to be at odds about morality, but this is more the result of competing agendas and politics than true morals.

When you break it down to the most fundamental and universal roots, there are three basic tenets that guide us in the right direction: honesty, forgiveness, and respect. This is The Moral Code, the three moral foundations that are common to all cultures and religions.

You may be wondering, what about love? How does love fit into the Moral Code? Everybody has their own interpretation of what love is, and the word is used to mean so many things to so many people. Trying to nail down a clear definition is difficult. The kind of love that applies here is unconditional love, a subject so vast that it deserves a book of its own. Concepts of unconditional love can be found in the tenets of The Moral Code: honesty, forgiveness, and respect.

## ***The Principle of Karma***

What we draw to us through the Law of Attraction, combined with how truly we follow the Moral Code, will determine our outcome: Karma. Karma is about reaping what we sow. Everything we do comes with a result. Depending on how complex the situation is, the results of our actions may be visible right away or they may happen over a long period of time. In many cases, it's a struggle to realize how our past actions have created our current results.

What becomes of our life depends upon the choices we make. We have been given free will, and the choices we make are all ours. We have total responsibility. Our decisions will determine the outcome of our life and what we eventually create for ourselves.

There is a reason you are here, even if you have little idea at this point what that reason might be. Through your own efforts, by understanding and practicing the Universal Truths, the secret of your own life and purpose will begin to unfold.

Get ready for an exciting journey!